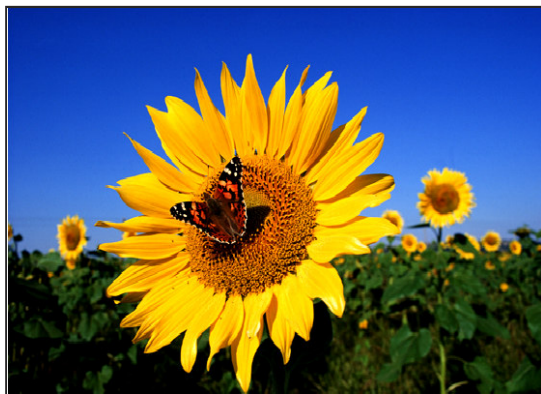




NOTTINGHAMSHIRE



# Case Study

## IT Community Champions

The aim of the Community IT Champions scheme is to find people aged 50 plus living in Nottinghamshire with an interest in IT and offer them the skills and support to train other individuals or groups wishing to learn new ICT and web based skills.

Expectations from IT Champions (people who have received training) is that they then pass on the skills and knowledge that they have learnt to a minimum of one other person over the age of 50.

The project recruits and co-ordinates volunteer ICT champions and offers them additional training and support to enable them to cascade their skills and knowledge out to the wider older population of both rural and urban areas of Nottinghamshire.

The benefits of increased knowledge and usage of ICT will be:-

- To provide a network of IT champions with the confidence/ability to pass on their skills
- Enable older people to have equitable access to services and resources
- To improve well being and happiness
- To promote a positive culture to aging
- To reduce social isolation amongst the over 50's
- To use technology to promote and gain independence

### This case study focuses on volunteer IT Tutor, Noel Musson

Noel joined the IT Community Champions Training Team in February 2008 following an advertisement in the local press. He is aged 50 plus, married with two grown up children. Noel has led an interesting life and is now retired having had a career in the Armed Forces when he spent a good amount of time in Germany on his postings, which he enjoyed immensely.

Although now fighting fit, Noel spent 10 years suffering from acute ill health having had three heart attacks. Following his return to good health Noel took up voluntary work on the heart ward of his local hospital. Noel describes his voluntary work as providing him with a purpose to 'get up, have a wash and shave and get on with life'. This is something that he certainly does with interests in gardening, cooking, camping, photography, IT and computing.

Noel gives generously of his time and knowledge and in return enjoys the social aspect of his volunteering work from which he derives benefit by way of a feeling of well being and contentment.